

East Sussex, Brighton and Hove Partners in Care Safeguarding Adults Symposium - Wednesday 15th April 2026

Beyond Compliance: Adult Safeguarding in a Changing Landscape

9.30 am Registration and Networking – 10 am start

10.00 Welcome, introductions, background and overview of today.

Elizabeth Mackie, ESPIC

10.10 Strategic Landscape of Adult Safeguarding – the role of multi-agency collaboration across health, social care, housing and community services, Safeguarding Adults Board, ESCC, Mary Payne, Safeguarding Adults Board Development Manager, and Tricia Field-Riley, ESCC

10.40 Registered Managers Voices – Phil Hale, Independent Care Consultant local survey findings and wider perspectives.

10.55 Challenges and Risks faced by care providers, including cross-boundary safeguarding, transitions of care from acute to community, delegated health activities, **Fidelma Tinneney, Elderly care specialist nurse and leader in adult social care.**

11.20 Comfort Stretch



11.30 Safeguarding & Medication Safety – when does a medication issue become a safeguarding concern? Hiral Khoda Vyas, MPharm, DipClinPharm, TRIB1 Medicare www.trib1.co.uk

12.00 Safeguarding Framework for Social Care Nurses, Zoe Fry, Director Outstanding Society and Scarlett McDonald, Southeast Co-Chair, Social Care Nursing Advisory Council (SCNACs).

12.20 Digital innovations supporting safeguarding processes, Nada Wakeford, Project Lead – Digital in Reach Team.

12.40 – 1.40 Lunch & Networking

Afternoon Session – Welcome back!

1.40 Keeping People with Dementia Needs Emotionally Safe Reece White, Dementia Behaviour Consultant, [ReFOCUS with Reece](#)

2. 00 Safeguarding Adults the Legal Framework, Anita Rao, Hempsons

2.30 Regulatory expectations, Philip Boyce, Senior Expert Advisor Adult Safeguarding and Closed Cultures, CQC.

3.00 Short Poll – Summing up

Close 3.15 pm



Tricia Field-Riley

Tricia is an experienced social worker with 36 years of service in East Sussex. Her career has spanned Learning Disabilities, Adult Social Care, Continuing Health Care, and Safeguarding and she understands the importance of partnership work being integral to keeping people with care and support needs safe in East Sussex.

Tricia currently works as a Practice Manager in the Health and Social Care Connect (HSCC) Safeguarding Hub.

Mary Payne

Mary is currently the East Sussex Safeguarding Adult Board (SAB) Development Manager. She has worked in the drug and alcohol sector for the last 20 years, starting as a volunteer and becoming a CQC registered Service Manager. She has worked in multiple services across Sussex and London and has been passionately empowering individuals with multiple and intersecting needs to have a voice. She brings her experience of partnership work and knowledge of trauma informed practice into the role of the SAB.



Hiral Khoda Vyas, TriBi Medicare

Hiral is a highly experienced pharmacist with directorial-level leadership at provider level and founder of TriBi Medicare bringing expert knowledge and practical, hands-on support to raise standards in medication management.

With over a decade of experience as a care home pharmacist, Hiral has worked closely with GPs, local authorities, care home pharmacy providers, and multi-disciplinary teams to improve **medication safety, regulatory compliance, and staff development**.

She has played a key role in system-wide care improvement initiatives across local authorities and has supported numerous CQC inspections, helping providers ensure compliance and implement best practices.

Hiral also has a keen interest in **medicines sustainability**, having led innovative projects aimed at reducing the environmental impact of medication use and supporting care homes in lowering their pharmaceutical carbon footprint.



Anita Rao, Partner, Hempsons

Specialising in health and social care law, Anita has more than a decade of experience advising a range of clients in both sectors on mental capacity, mental health, safeguarding, judicial review, NHS clinical governance, and regulatory matters. Anita's practice is informed by her extensive background as a barrister, including appearances before the High Court, Court of Appeal, and Supreme Court.

T: 0207 484 7699

E: anita.rao@hempsons.co.uk

www.hempsons.co.uk



Philip Boyce, Senior Expert Advisor Adult Safeguarding and Closed Cultures, CQC.

Philip has worked in Health & Social Care since 1984 working in various roles both as a learning disability nurse and as a manager. In the past Philip has been involved in a variety of quality improvements within the NHS including national leadership development and sees staff development as a key part of any service development. Philip has always had an interest in safeguarding and worked within a local authority making safeguarding decisions on concerns raised with the authority. When not working Philip enjoys taking his dog for walks and spending time with his family and grandchildren.

Fidelma Tinneny, Elderly care specialist nurse and leader in adult social care.

Fidelma Tinneny is an experienced elderly care specialist nurse and leader in adult social care, known for her commitment to high-quality, person-centred care. Alongside her husband David and staff team, she leads Outstanding-rated and award winning nursing and care homes.

She is a founding member and board representative of the Berkshire Care Association, where she supports collaboration across care providers, the NHS, local authorities, regulators and the wider ASC community. Fidelma is also a passionate advocate for the care sector in local and national arenas, promoting better integration of health and social care.

Her professional focus includes admission avoidance, safeguarding, timely clinical access, and improving end-of-life care. Through her leadership and advocacy, she continues to influence care standards, workforce wellbeing, and service development across the UK care sector.



Zoe Fry, OBE, RN, BSc

Zoe Fry is Director of Nursing for the Outstanding Society CIC (OS) which shares and celebrates best practice across social care while supporting providers to improve. A registered nurse, Zoe began working in care homes at just 13, where her passion for supporting older people was formed. Her career spans senior clinical and leadership roles in the NHS, including surgical ward sister, matron for general medicine and NHS general manager. In 2008, Zoe purchased and transformed a nursing home with her team, achieving Outstanding CQC ratings in 2014 and 2017. In 2023, she was awarded an OBE for Services to Social Care and Nursing.



Phil Hale, Independent Care Consultant

Phil has over 45 years of experience in health and social care, starting as a hospital porter at Leicester Royal Infirmary in 1977. He worked with support groups and juvenile offenders before becoming an unqualified social worker at the London Borough of Newham in 1979. He joined East Sussex County Council in 1987 and became a senior social worker in 1990. In 1992, he moved into regulation, working as a Children's Inspector and later as an Inspector at the National Care Standard Commission. He retired from the Care Quality Commission in 2010. Currently, he supports care providers as an independent care consultant.



Nada Wakeford, Project lead, Sussex Digital in-reach Team

With 24 years of exceptional managerial expertise in senior social care, Nada Wakeford is a seasoned professional with a long list of honours and remarkable accomplishments. Her career started in 2005 as a commissioning manager, where she was instrumental in creating a brand-new care facility that attained an outstanding rating very soon.

Her ability to lead was further demonstrated in 2015 when she and her team achieved an exceptional rating in three of the five categories, raising the bar for care delivery. She reached a remarkable milestone in 2018 when she received the highly sought-after CQC outstanding rating in each of the five KLOE categories. Very few care facilities in the country can claim this distinction.



Reece White, Founder of ReFOCUS

Reece White is a dementia behaviour consultant and former Registered Care Home Manager with 20 years' experience in health and social care. Holding a Master's in Dementia Studies, Reece specialises in understanding and responding to complex behaviours through a person-centred, evidence-informed approach.

He is the founder of ReFOCUS, supporting families and care teams to interpret behaviour as meaningful communication. Passionate about improving quality of life, Reece advocates for innovative, compassionate, relationship-led care that moves beyond task-based practice and places the individual firmly at the centre of support.

Information stands:



CareLineLive

CareLineLive is an all-in-one, cloud-based home care management platform trusted by over 700 providers across the UK and Australia. It supports rostering, scheduling, care planning, monitoring (ECM), eMAR, payroll and invoicing, with MOA Benchmarking included to bring care management and compliance together in one contract.

Designed with providers in mind, the platform is intuitive, secure and built to support safe, high-quality care delivery. CareLineLive is an NHS England Assured Supplier (DSCR), accredited to ISO 27001 and ISO 9001, Cyber Essentials Plus certified, and hosted on secure AWS infrastructure helping ensure data protection, safeguarding and operational confidence at every level.

- Say hi and have a chat with Sylvia Wells and Cieran Laidler from CareLineLive, our trusted partner and exhibitor!





PENGUIN TRAINING LTD



Upcoming event from us:

Modern Slavery and Labour Exploitation: Awareness Raising Session

Thursday 16th April 2026 from 10:30AM - 11:30AM

This webinar, presented by Dr. Akilah Jardine aims to increase care providers, managers and frontline staff awareness and understanding of modern slavery and labour exploitation.

It will cover:

- the different forms of exploitation in the UK
- key signs and indicators of exploitation; and
- where to report concerns if you suspect a worker is being exploited.

The session will also highlight issues in the care sector, as it has increasingly been recognised as a high-risk area for modern slavery and related abuses, often linked to longstanding issues around working conditions and, more recently, unethical recruitment and treatment of overseas workers.

To attend, please register here: [Modern Slavery and Labour Exploitation: Awareness Raising Session](#)

You can view the event details on our website too, just click 'Internal Events & Training'

Please email administrator@espics.co.uk if you have any queries or issues.